

# **CURRICULUM VITAE**

## **ELIZABETH ANN AWICK, MS**

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University of Illinois at Urbana-Champaign  
Exercise Psychology Lab  
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## **EDUCATION**

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### **GRADUATE**

2013 - 2017 Doctor of Philosophy in Kinesiology (*anticipated*)  
Emphasis in Exercise Psychology  
College of Applied Health Sciences  
Department of Kinesiology & Community Health  
University of Illinois at Urbana-Champaign, IL USA

2012 - 2013 Master of Science in Kinesiology  
Emphasis in Exercise Psychology  
College of Applied Health Sciences  
Department of Kinesiology & Community Health  
University of Illinois at Urbana-Champaign, IL USA

### **UNDERGRADUATE**

2008 - 2012 Bachelor of Science in Kinesiology  
Minor in Chemistry  
Emphasis in Pre Medicine  
College of Applied Health Sciences  
Department of Kinesiology & Community Health  
University of Illinois at Urbana-Champaign, IL USA

## **PROFESSIONAL/WORK EXPERIENCE**

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### **GRADUATE RESEARCH ASSISTANT**

2012 - University of Illinois at Urbana-Champaign  
Exercise Psychology Laboratory  
Advisor: Dr. Edward McAuley  
336 Freer Hall  
906 S. Goodwin Ave  
Urbana, IL 61801  
(217) 333-6487

Primary responsibilities include data collection and analysis, sub maximal and maximal graded exercise testing (GXT), functional fitness testing, and participant recruitment, screening, and scheduling. Other responsibilities include training personnel and exercise group leadership. Involvement in research projects includes:

*Making Activity Time for Cognitive Health (MATCH) Study:* A dissertation project designed to examine the effects of varying durations of acute bouts of aerobic exercise on immediate cognitive functioning in breast cancer survivors. Primary responsibilities include study design, IRB communication, participant recruitment and scheduling, supervision and administration of sub maximal graded exercise testing, aerobic exercise sessions, cognitive testing, data processing, and manuscript preparation.

*Activity & Cognition after Treatment (ACT) for Breast Cancer:* A cross-sectional pilot study designed to examine the effects of an acute bout of aerobic exercise on immediate and follow-up cognitive functioning in breast cancer survivors. Primary responsibilities include study design, IRB communication, participant recruitment and scheduling, supervision and administration of maximal graded exercise testing, aerobic exercise sessions, cognitive testing, data processing, and manuscript preparation.

*Fit & Active Seniors Trial (FAST):* A 6 month, large-scale randomized controlled exercise trial, funded by the National Institute on Aging, designed to examine the effects of a non-traditional (i.e., dancing) physical activity intervention on cognitive function and brain structure in elderly adults. Primary responsibilities include data collection and analysis, supervision of functional testing as well as maximal graded exercise testing, and manuscript preparation.

*Better Exercise Adherence after Treatment for Cancer (BEAT Cancer):* A 12 month randomized controlled trial examining the effects of a tapered exercise intervention on physical activity behavior change in breast cancer survivors. Also assessed are the effects of physical activity on psychosocial and functional variables. Primary responsibilities include scheduling personnel, supervision and administration of submaximal graded exercise tests and exercise testing sessions.

*Comparing Objective Measures of Physical Activity and Resting Energy (COMPARE Trial):* An extension of the BEAT Cancer Trial, COMPARE also assesses the effects of a doubly labeled water supplement on objective measures of physical activity and resting energy expenditure. Primary responsibilities include leading the behavioral counseling group, scheduling personnel, data collection and analysis, and supervision and administration of submaximal graded exercise tests, exercise testing sessions, resting energy expenditure, and doubly labeled water samples.

*Activity, Gait, and Efficacy II (AGE-II: FlexToBa):* A 12 month randomized controlled trial to examine the effects of a DVD-delivered exercise program focused on flexibility, toning, and balance with the goal of enhancing quality of life in community-dwelling older adults. Primary responsibilities include data collection and analysis and supervision and administration of functional fitness testing.

Elizabeth A. Awick

### **TEACHING ASSISTANT**

2014 - 2016 University of Illinois at Urbana-Champaign  
KIN 247 - Introduction to Sport and Exercise Psychology (Online)

Primary responsibilities included grading, interacting with students on an online discussion forum, and tutoring.

### **UNDERGRADUATE RESEARCH ASSISTANT**

2010 - 2012 University of Illinois at Urbana-Champaign  
Exercise Psychology Laboratory  
Supervisor: Dr. Edward McAuley  
336 Freer Hall  
906 S. Goodwin Ave  
Urbana, IL 61801  
(217) 333-6487

Primary responsibilities included data collection, entry, and checking, as well as administration of graded exercise and functional fitness testing. Projects include:

*Fit & Active Seniors Trial (FAST)*: Primary responsibilities included data collection and administration of maximal graded exercise tests and exercise sessions. See above for study details.

*Better Exercise Adherence after Treatment for Cancer (BEAT Cancer)*: Primary responsibilities included administration of submaximal graded exercise tests and exercise testing sessions. See above for study details.

*Activity, Gait, and Efficacy II (AGE-II: FlexToBa)*: Primary responsibilities included data collection and administration of functional fitness testing. See above for study details.

### **PRESIDENT/CO-FOUNDER OF NONPROFIT ORGANIZATION**

2004 - Good Samaritan Hospital  
Under my own direction  
Busy Bags Charitable Foundation Inc.

Primary responsibilities include preparing bags of toys for cardiac pediatric patients and delivering them to hospitals, organizing volunteers/personnel, and handling paperwork concerning tax-exempt status.

## HONORS & AWARDS

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- 2017 **LAURA J. HUELSTER AWARD** for academic merit, Department of Kinesiology and Community Health, the University of Illinois at Urbana-Champaign
- 2016 **CONFERENCE TRAVEL GRANT**, Department of Kinesiology and Community Health, the University of Illinois at Urbana-Champaign
- 2016 **CONFERENCE TRAVEL GRANT**, Graduate College, the University of Illinois at Urbana-Champaign
- 2016 **RENEWAL: CANCER SCHOLARS FOR TRANSLATIONAL AND APPLIED RESEARCH (C\*STAR) AWARD** designed to foster translational research and benefits to cancer survivors in the community, Interdisciplinary Health Sciences Initiative at Illinois, Carle Cancer Community
- 2015 **CANCER SCHOLARS FOR TRANSLATIONAL AND APPLIED RESEARCH (C\*STAR) AWARD** designed to foster translational research and benefits to cancer survivors in the community, Interdisciplinary Health Sciences Initiative at Illinois, Carle Cancer Community
- 2015 **CONFERENCE TRAVEL GRANT**, Department of Kinesiology and Community Health, the University of Illinois at Urbana-Champaign
- 2015 **CONFERENCE TRAVEL GRANT**, Graduate College, the University of Illinois at Urbana-Champaign
- 2015 **BENJAMIN H. MASSEY MEMORIAL AWARD** for academic merit, Department of Kinesiology and Community Health, the University of Illinois at Urbana-Champaign
- 2014 **MOST OUTSTANDING STUDENT ABSTRACT AWARD** for abstract titled "*Does a Home-Based DVD-Delivered Physical Activity Program Increase Self-Esteem in Older Adults: An RCT*". Physical Activity Special Interest Group (PA-SIG), Society of Behavioral Medicine
- 2014 **MERITORIOUS STUDENT ABSTRACT AWARD** for abstract titled "*Does a Home-Based DVD-Delivered Physical Activity Program Increase Self-Esteem in Older Adults: An RCT*". Society of Behavioral Medicine
- 2014 **CONFERENCE TRAVEL GRANT**, Department of Kinesiology and Community Health, the University of Illinois at Urbana-Champaign
- 2014 **CONFERENCE TRAVEL GRANT**, Graduate College, the University of Illinois at Urbana-Champaign

## **PEER REVIEW SERVICE**

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Archives of Gerontology and Geriatrics  
Supportive Care in Cancer  
Journal of Aging and Physical Activity  
Health and Quality of Life Outcomes  
Cancer Medicine

## **ASSOCIATION MEMBERSHIP**

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International Psycho-Oncology Society  
American Society of Clinical Oncology  
Society of Behavioral Medicine

## **RESEARCH INTERESTS**

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Physical Activity  
Social Cognitive Theory  
Cancer  
Aging  
Cognitive Function

## **BIBLIOGRAPHY**

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### **ARTICLES IN PREPARATION**

Aguinaga, S., **Awick, E.A.**, Ehlers, D.K. & McAuley, E. (in prep). Physical activity interventions to improve well-being and quality of life. Eds. E. Diener, S. Oishi, and L. Tay. Handbook of Well-Being.

### **ARTICLES IN REVIEW**

**Awick, E.A.**, Rowland, K., Kramer, A., & McAuley, E. (in review). Acute aerobic exercise effects on cognitive function in breast cancer survivors.

**Awick, E.A.**, Ehlers, D.K., Aguinaga, S., Daugherty, A.M, Kramer, A.F. & McAuley, E. (in review). Effects of a randomized exercise trial on physical activity, psychological distress and quality of life in older adults.

Zuniga, K., Fanning, J., **Awick, E.A.**, Ehlers, D.K., Voss, M., Burzynska, A., Kramer, A.F., & McAuley, E. (in review). Dietary inflammatory index is associated with reasoning and spatial visualization abilities independent of cardiorespiratory fitness in low active older adults.

Fanning, J., **Awick, E.A.**, Ehlers, D.K., Roberts, S.A., Porter, G.C., Motl, R.W., & McAuley, E. (in review). Trajectories of change in physical function: a secondary analysis of a randomized controlled physical activity trial.

Mackenzie, M.J., Zuniga, K.E., Raine, L.B., **Awick, E.A.**, Hillman, C.H., Kramer, A.F., & McAuley, E. (in review). Cardiorespiratory fitness, heart rate recovery, physical activity, and working memory in breast cancer survivors and age-matched controls.

Zuniga, K.E., Mackenzie, M.J., **Awick, E.A.**, Roberts, S.A., & McAuley, E. (in review). Psychological well-being and subjective memory impairment in breast cancer survivors.

#### **ARTICLES IN REFEREED JOURNALS**

Ehlers, D.K., Daugherty, A.M., Burzynska, A., Fanning, J., Awick, **E.A.**, Chaddock-Heyman, L., Kramer, A.F., & McAuley, E. (in press). Reductions in loneliness through exercise training in older adults: Psychosocial and neural determinants.

Ehlers, D.K., Banducci, S.E., Daugherty, A.M., Fanning, J., **Awick, E.A.**, Porter, G.C., Burzynska, A., Shen, S., Kramer, A.F., & McAuley, E. (in press). Effects of gait self-efficacy and lower-extremity physical function on dual-task performance in older adults. *Biomed Research International*.

Burzynska, A.Z., Jiao, Y., Knecht, A.M., Fanning, J., **Awick, E.A.**, Chen, T., Gothe, N., Voss, M.W., McAuley, E. & Kramer, A.F. (2017). White matter integrity declined over 6-months, but dance intervention improved integrity of the fornix of older adults. *Frontiers in Aging Neuroscience*.

Fanning, J., Porter, G., **Awick, E.A.**, Ehlers, D.K., Roberts, S.A., Cooke, G., Burzynska, A.Z., Voss, M.W., Kramer, A.F., & McAuley, E. (2017). Replacing sedentary time with sleep, light, or moderate-vigorous physical activity: Effects on self-regulation and executive functioning. *Journal of Behavioral Medicine*.

**Awick, E.A.**, Ehlers, D., Fanning, J., Phillips, S.M., Wójcicki, T., Motl, R., & McAuley, E. (2017). Effects of a home-based DVD-delivered physical activity program on self-esteem in older adults. *Psychosomatic Medicine*.

Roberts, S.A., **Awick, E.A.**, Fanning, J., Ehlers, D., Motl, R.W. & McAuley, E. (2017). Long-term maintenance of physical function in older adults following a DVD-delivered exercise intervention. *Journal of Aging and Physical Activity*.

- Phillips, S.M., Lloyd, G.R., **Awick, E.A.**, & McAuley, E. (2016). Relationship between self-reported and objectively-measured physical activity and subjective memory impairment in breast cancer survivors: Role of self-efficacy, fatigue, and distress. *Psycho-Oncology*.
- Ehlers, D.K., Fanning, J., **Awick, E.A.**, Kramer, A.F., & McAuley, E. (2016). Contamination effects of an active control condition in a randomized exercise trial. *PLoS One*.
- Awick, E.A.**, Phillips, S.M., Lloyd, G.R., & McAuley, E. (2016). Physical activity, self-efficacy and self-esteem in breast cancer survivors: a panel model. *Psycho-Oncology*.
- Fanning, J., **Awick, E.A.**, Wójcicki, T.R., Gothe, N.P., Roberts, S.A., Ehlers, D.K., Motl, R.W., & McAuley, E. (2016). Effects of a DVD-delivered exercise intervention on maintenance of physical activity in older adults. *Journal of Physical Activity and Health*, 13(6), 594-598.
- Phillips, S.M., Lloyd, G.R., **Awick, E.A.**, & McAuley, E. (2016). Correlates of objectively-measured sedentary behavior in breast cancer survivors. *Cancer Causes and Control*, 27(6), 787-795.
- Fanning, J., Porter, G.C., **Awick, E.A.**, Wójcicki, T., Gothe, N.P., Roberts, S.A., Ehlers, D.K., Motel, R.W., & McAuley, E. (2016). Effects of a DVD-delivered exercise program on patterns of sedentary behavior in older adults: A randomized controlled trial. *Preventive Medicine Reports*, 3, 238-243.
- Cooke, G.E., Wetter, N.C., Banducci, S.E., Mackenzie, M.J., Zuniga, K.E., **Awick, E.A.**, Roberts, S.A., Sutton, B.P., McAuley, E. & Kramer, A. (2016). Moderate physical activity mediates the association between white matter lesion volume and memory recall in breast cancer survivors. *PLoS one*, 11(2), e0149552.
- Mackenzie, M.J., Zuniga, K.E., Raine, L.B., **Awick, E.A.**, Hillman, C.H., Kramer, A.F., & McAuley, E. (2016). Associations between physical fitness indices and working memory in breast cancer survivors and age-matched controls. *Journal of Women's Health*, 25(1), 99-108.
- Nagamatsu, L.S., Weinstein, A.M., Erickson, K.I., Fanning, J., **Awick, E.A.**, Kramer, A.F., & McAuley, E. (2016). Exercise mode moderates the relationship between mobility and brain volume in healthy older adults. *Journal of the American Geriatric Society*, 64(1), 102-108.
- Oberlin, L.E., Verstynen, T.D., Burzynska, A.Z., Voss, M.W., Prakash, R.S., Chaddock Heyman, L., Wong, C., Fanning, J., **Awick, E.**, Gothe, N. and Phillips, S.M., (2015). White matter microstructure mediates the relationship between cardiorespiratory fitness and spatial working memory in older adults. *Neuroimage*, 131, 91-101.

- Voss, M.W., Weng, T.B., Burzynska, A., Wong, C.N., Cooke, G.E., Clark, R., Fanning, J., **Awick, E.**, Gothe, N.P., Olson, E.A., McAuley, E., Kramer, A.F. (2015). Fitness, but not physical activity, is related to functional integrity of brain networks associated with aging. *Neuroimage*, *131*, 113-125.
- Phillips, S.M., **Awick, E.A.**, Conroy, D.E., Pellegrini, C.A., Mailey, E.L., & McAuley, E. (2015). Objectively-measured physical activity and sedentary behavior and quality of life indicators in breast cancer survivors. *Cancer*, *121*(22), 4044-4052.
- Chaddock-Heyman, L., Mackenzie, M.J., Zuniga, K.E., Cooke, G., **Awick, E.A.**, Roberts, S.A., Erickson, K.I., McAuley, E., & Kramer, A.F. (2015). Higher cardiorespiratory fitness levels are associated with greater hippocampal volume in breast cancer survivors. *Frontiers in Human Neuroscience*, *9*.
- Gothe, N.P., Wójcicki, T.R., Olson, E.A., Fanning, J.T., **Awick, E.A.**, Chung, H.D., Zuniga, K.E., Mackenzie, M.J., Motl, R.W., & McAuley, E. (2015). Physical activity levels and patterns in older adults: The influence of a DVD-delivered exercise program. *Journal of Behavioral Medicine*, *38*(1), 91-97.
- Awick, E.A.**, Wójcicki, T.R., Olson, E.A., Fanning, J.T., Chung, H.D., Zuniga, K.E., Mackenzie, M.J., Kramer, A.F., & McAuley, E. (2014). Differential exercise effects on quality of life and health-related quality of life in older adults: a randomized controlled trial. *Quality of Life Research*, *24*(2), 455-462.
- Wójcicki, T.R., Fanning, J.T., **Awick, E.A.**, Chung, H.D., Olson, E.A., Motl, R.W., & McAuley, E. (2014). Maintenance effects on a DVD-delivered exercise intervention on physical function in older adults. *Journal of Gerontology Series A: Biological Sciences & Medical Sciences*, glu188.
- Gothe, N.P., Fanning, J.T., **Awick, E.A.**, Chung, H.D., Wójcicki, T.R., Olson, E.A., Mullen, S.P., Voss, M., Erickson, K.I., Kramer, A.F., & McAuley, E. (2014). Executive function processes predict mobility outcomes in older adults. *Journal of the American Geriatrics Society*, *62*(2), 285-290.
- Burzynska, A.Z., Chaddock-Heyman, L., Voss, M.W., Wong, C.N., Gothe, N.P., Olson, E.A., Knecht, A., Lewis, A., Cooke, G., Wojcicki, T.R., Fanning, J.T., Chung, H.D., **Awick, E.A.**, McAuley, E., & Kramer, A.F. (2014). Physical activity and cardiorespiratory fitness are beneficial for white matter in low-fit older adults. *PLoS one*, *9*(9), e107413.
- Olson, E.A., Fanning, J.T., **Awick, E.A.**, Chung, H.D., and McAuley, E. (2014). Differential trajectories of well-being in older adult women: The role of optimism. *Applied Psychology: Health & Well-Being*, *6*(3), 362-380.
- Learmonth, Y.C., **Awick, E.A.**, McAuley, E., & Motl, R.W. (2014). Quality of life and health-related quality of life over one year in older women: Monitoring stability and reliability of measurement. *Social Indicators Research*, *123*(1), 267-279.



## REFEREED PRESENTATIONS

- Ehlers, D.K., Fanning, J., **Awick, E.A.**, Aguiñaga, S., Cosman, J.D., Severson, J., Kramer, A.F., & McAuley, E. Replacing sedentary time with physical activity: Effects on cancer-related cognitive impairment. Paper to be presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March 2017.
- Ehlers, D.K., Fanning, J., **Awick, E.A.**, Daugherty, A.M., Burzynska, A., Chaddock-Heyman, L., Kramer, A.F., & McAuley, E. Reductions in loneliness through exercise training in older adults: Psychosocial and neural determinants. Paper to be presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March 2017.
- Awick, E.A.**, Rowland, K., Kramer, A.F., & McAuley, E. “Acute Exercise Effects on Anxiety in Breast Cancer Survivors.” Poster to be presented at the annual meeting of the Society of Behavioral Medicine, San Diego, March 2017.
- Awick, E.A.**, Fanning, J., Ehlers, D.E., Aguiñaga, S., Daugherty, A.M., Kramer, A.F., & McAuley, E. “Physical Activity, Distress and Quality of Life in Older Adults: A Panel Model.” Paper to be presented as part of the symposium Physical Activity and Wellness: Implications for Interventions in Aging Populations (Gothe, N., Aguiñaga, S., **Awick, E.A.**, & Renn, B.) at the annual meeting of the Society of Behavioral Medicine, San Diego, March 2017.
- Lloyd, G., Phillips, S.M., **Awick, E.A.**, Welch, W.A., & McAuley, E. “Physical Activity and Sedentary Behavior in Older and Younger Breast Cancer Survivors.” Paper to be presented at the annual meeting of the Society of Behavioral Medicine, San Diego, March 2017.
- Daugherty, A.M., Burzynska, A., Ehlers, E., **Awick, E.**, Fanning, J., Voss, M.m McAuley, E., & Kramer, A.F. “Neural Correlates of Aerobic Exercise Benefits to Episodic Memory Function: A Randomized Control Intervention Study in Older Adults.” Platform talk to be presented at the 2017 Dallas Aging and Cognition Conference, Dallas, TX, January 2017.
- Baniqued, P.L., Gallen, C.L., Voss, M.W., Wong, C.N., Cooke, G.E., Burzynska, A.Z., Duffy, K., Fanning, J., Ehlers, E., **Awick, E.**, McAuley, E., & Kramer, A.F. “Brain Network Predictors of Training-Related Gains in Older Adults After Fitness Intervention.” Poster presented at the Society for Neuroscience, November 2016.
- Awick, E.A.**, Rowland, K., Kramer, A.F., & McAuley, E. “Effects of an Acute Bout of Moderate-Intensity Aerobic Exercise on Working Memory in Breast Cancer Survivors.” Poster presented at the annual meeting of the International Psycho-Oncology Society, Dublin, Ireland, October 2016.

- Awick, E.A.**, Phillips, S.M., & McAuley, E. “Physical Activity, Self-Efficacy and Self-Esteem in Breast Cancer Survivors: A Panel Model.” Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C., March 2016.
- Roberts, S.A., Fanning, J., **Awick, E.A.**, Porter, G.C., Ehlers, D.K., Wojcicki, T. R., Motl, R.W., & McAuley, E. “Long-Term Effects on Physical Function in Older Adults Following a DVD-Delivered Exercise Intervention.” Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C., April 2016.
- Porter, G.C., Fanning, J., **Awick, E.A.**, Roberts, S.A., Ehlers, D.K., Motl, R.W., & McAuley, E. “Sedentary Breaks, Not Sedentary Time, Are Associated with Body Mass Index.” Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C., March 2016.
- Ehlers, D.K., Fanning, J., Gothe, N., **Awick, E.A.**, Cooke, G., Burzynska, A., Wong, C., Kramer, A.F., & McAuley, E. “Does Baseline Executive Function Predict Change in Lower-Body Strength in Older Adults Enrolled in an Exercise Trial?” Paper presented as part of the symposium Aging Well: Optimizing physical function and cognitive health (Gothe, N., Aguiñaga, S., Ehlers, D., & Resnick, B.) at the annual meeting of the Society of Behavioral Medicine, Washington, D.C., April 2016.
- Ehlers, D.K., Banducci, S.E., Fanning, J., **Awick, E.A.**, Porter, G.C., Kramer, A.F., & McAuley, E. “Effects of Gait Self-Efficacy on Complex Task Performance in Older Adults: The Role of Physical Mobility.” Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C., April 2016.
- Awick, E.A.**, Phillips, S.M., & McAuley, E., “Body Mass Index and Self-Esteem in Breast Cancer Survivors: A Prospective Study.” Poster presented at the annual meeting of the American Psychosocial Oncology Society, San Diego, CA, March 2016.
- Ehlers, D., Fanning, J.T., **Awick, E.A.**, Roberts, S.A., & McAuley, E. “Effects of an Exercise Program on Older Adults’ Participation in Exercise Outside of Scheduled Sessions: Influence of Exercise Program Mode.” Paper presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, June 2015.
- Fanning, J.T., **Awick, E.A.**, Wójcicki, T.R., Roberts, S.A., Motl, R.W., & McAuley, E. “The Influence of a DVD-delivered Physical Activity Program on Patterns of Sedentary Time in Older Adults.” Paper presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, June 2015.
- Awick, E.A.**, Fanning, J.T., Wójcicki, T.R., Roberts, S.A., Motl, R.W., & McAuley, E. “Maintenance of Self-Esteem Following a DVD-Delivered Physical Activity Program for Older Adults.” Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, April 2015.

- Fanning, J.T., **Awick, E.A.**, Wójcicki, T.R., Roberts, S.A., Motl, R.W., & McAuley, E. “Effects of a DVD-Delivered Exercise Intervention on Maintenance of Physical Activity in Older Adults.” Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, April 2015.
- Mackenzie, M.J., Zuniga, K.E., Raine, L.B., **Awick, E.A.**, Hillman, C.H., Kramer, A.F., & McAuley, E. “Cardiorespiratory Fitness, Physical Activity, and Working Memory in Breast Cancer Survivors.” Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, April 2015.
- Zuniga, K.E., Mackenzie, M.J., **Awick, E.A.**, Roberts, S.A., & McAuley, E. “Psychological Well-Being and Subjective Memory Impairment in Breast Cancer Survivors.” Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, April 2015.
- Porter, G., Fanning, J.T., **Awick, E.A.**, Roberts, S.A., Kramer, A.F., & McAuley, E. “Psychological Distress is Associated with Disability Independent of Functional Performance.” Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, April 2015.
- Gothe, N.P., Wójcicki, T.R., Olson, E.A., Fanning, J.T., **Awick, E.A.**, Motl, R.W., & McAuley, E. “Physical Activity Levels and Patterns in Older Adults: The Influence of a DVD-Delivered Exercise Program.” Paper presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA, April 2014.
- Chung, H.D., Wójcicki, T.R., Olson, E.A., Fanning, J.T., **Awick, E.A.**, Mackenzie, M.J., Zuniga, K.E., Motl, R.W., & McAuley, E. “Effects of a 6-Month DVD-Delivered Exercise Intervention on Functional Limitation in Older Adults.” Paper presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA, April 2014.
- Awick, E.A.**, Wójcicki, T.R., Olson, E.A., Fanning, J.T., Chung, H.D., Mackenzie, M.J., Zuniga, K.E., Motl, R.W., & McAuley, E. “Does a Home-Based DVD-Delivered Physical Activity Program Increase Self-Esteem in Older Adults: An RCT.” Paper presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA, April 2014.
- Awick, E.A.**, Wójcicki, T.R., Gothe, N.P., Olson, E.A., Fanning, J.T., Kramer, A.F., & McAuley, E. “Exercise Training Interventions Improve Health Related Quality of Life but not Global Quality of Life.” Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, March 2013.
- Wójcicki, T.R., Gothe, N.P., Olson, E.A., Fanning, J.T., **Awick, E.A.**, Chung, H.D., Motl, R.W., & McAuley, E. “Functional Limitations in Older Adults: The Influence of Self-Efficacy, Physical Activity, and Functional Performance.” Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, March 2013.

Elizabeth A. Awick

Burzynska, A.Z., Chaddock-Heyman, L., Wong, C.N., Voss, M.W., Olson, E.A., Gothe, N.P., Lewis, A., Wójcicki, T.R., Fanning, J.T., Chung, H.D., **Awick, E.A.**, McAuley, E., & Kramer, A.F. "Positive Effects of Physical Exercise and Aerobic Activity on White Matter in Old Age." Poster presented at the Annual Brain Plasticity and Neurorehabilitation Conference, Toronto, Canada, March 2013.